

Community Connections



Summerville • Clinton • Columbia • Foothills • Florence

Vol. 31, No. 2 – April 2010

FAITHFUL SERVANTS SETTLE IN NEW SURROUNDINGS

April 1st, a beautiful South Carolina spring day in the Pee Dee. Sandy Olson, PCSC Director of Marketing and Sales and I opened our notebooks in preparation for an interview with Bill and Olive Timberlake. Our intention was to talk with them about their recent move to a two bedroom, two bath patio home at the Florence Community that had been customized to meet their needs and lifestyle.

We were completely unaware of the great significance of the date we had chosen to visit them. We were about to hear a love story. You know, moving can spark many fond memories and for Bill one of those fond memories has to do with April 1st. It just happened to be the 66th anniversary of when Bill noticed Olive standing on a street corner in Hartsville. Originally from Charlottesville, Virginia Bill took a job working for his uncle at the Hartsville Ice and Fuel Corporation.

It was on April Fools' Day 1944 while riding his bicycle to work that Bill first laid eyes on Olive. He said there was an almost blinding ray of sun shining from behind her through her hair and he was dazzled!! After being formally introduced nine months later, Bill wasted no time in courting his sunny school teacher beauty. What he didn't know was that Olive had written her Winthrop College roommate to say that she had met the man she was going to marry! She was right. They were married in Olive's hometown of Ridgeway, SC in June of 1945. For 65 years they have begun each day with Bible reading and prayer, following in the footsteps of Bill's aunt and uncle with whom he had lived in Virginia.

For most of his professional career Bill successfully managed the Hartsville Motor Company, a Ford and Mercury dealership originally started by his uncle. Living in Hartsville for all those years gave Olive and Bill the opportunity to serve as volunteers in many organizations. They are long time active members of First Presbyterian Church. Olive was a Brownie and Girl Scout leader when her two girls were in scouting. However, she did not give up her commitment to the scouting program when they were no longer active. She has served as a Brownie leader for 40 years and we can only imagine the young women's lives she has touched and helped to form who they are today - a faithful servant indeed.

In 1970 Bill was asked to fill the unexpired term of W.H. Bailey on the Board of Trustees of Presbyterian Home. His first meeting was February 23, 1971. Bill served in many leadership roles during his 21 years on the board and was its faithful secretary from 1982 until he left the board in 1992. He was deeply involved with the decisions leading to the phenomenal growth of Presbyterian Home of SC as sites in Clinton, Florence and Columbia were added to the ministry - a faithful servant indeed. Over the years Bill has continued to attend the Board of Trustees meetings with Olive at his side. They are always welcome and we appreciate more than we can express their devotion and words of encouragement.

It is always interesting to me how someone becomes involved

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Bill and Olive Timberlake enjoy their new home.



COMMUNITY CONNECTIONS

Published by

PRESBYTERIAN COMMUNITIES OF S.C.

Clinton • Columbia • Florence •
Foothills • Summerville

Katherine R. Ligon, *President and CEO*

Editor

Penny Arnold

*Director of Foundation Services
and Church Relations*

MINISTRY Presbyterian Communities is a ministry of the five South Carolina presbyteries. The Board of Trustees is the governing body of the organization.

LICENSES Presbyterian Home is licensed by the South Carolina Department of Health and Environmental Control and the Department of Consumer Affairs.

PROFESSIONAL ASSOCIATIONS

A member of the American Association of Homes and Services for the Aging, the South Carolina Association of Non-Profit Homes for the Aging and the Presbyterian Association of Homes and Services for the Aging.



Katherine R. Ligon

OUR MISSION

We Are A Compassionate Christian Ministry
Dedicated to Enriching the Quality of Life
For Seniors of All Faiths

FROM THE CEO

The Board of Trustees Planning Directives, redeveloped for 2010 – 2015, include mandates for **expanding the mission of PCSC**. Two of these mandates are becoming Medicare certified and providing respite stays on a space available basis.

Two PCSC communities are now Medicare certified - The Village at Summerville was certified in February of 2009 and the Clinton Community in September of 2009. The Columbia Community will be certified within the next several weeks.

Medicare Certification! What does it mean to PCSC residents? What does it mean to you? What does it mean to the organization?

When someone has an event that allows them to use their Medicare benefits for rehabilitation therapy, he/she may now receive these benefits in our communities. For our current residents, after a hospital stay, they may come back "home" to the staff they know to use their Medicare benefits.

To the greater community, PCSC can provide rehabilitative services on a space-available basis. This gives people an opportunity to experience the professional and compassionate care of our communities.

And, because PCSC receives a reimbursement from Medicare for serving these folks, we receive additional revenue.

Since our first community became Medicare certified, 23 of our own residents used their Medicare benefits "in their own home." There were a number of people from the greater communities of Summerville and Clinton who chose to use the services of PCSC – and 16 of these



Penny Arnold

MOTHER'S DAY OFFERING

Presbyterian Communities of South Carolina honors and celebrates the many labors of love mothers perform each and every day. We serve and have served over the past 52 years, many mothers, mothers-in-law, grandmothers and aunts. We look forward to serving you and yours one of these days!!

We have created vibrant, caring retirement communities across South Carolina. However, I would not want you to have to take our word for it – here are some comments from others.

A daughter writes "Thank you so much for all that the community did for my parents – with your special care we could have peace of mind for their later life and for their own peace. May God bless all of you in your work and dedication to those who choose to live in one of the Presbyterian Communities."

One of our residents expressed it this way, "Please let me thank you for taking me in. There is not one thing I would change about it here."

This Mother's Day you can celebrate and make a difference in someone's life!! With your gift to the Mother's Day Offering, you express your Christian love and concern for others. Your gift helps provide \$2.4 million for benevolent care needed in 2010 for those who qualify for resident aid. Thank you for your generous support and Christian witness.

"What you do for yourself dies with you
but what you do for others is immortal."

Author Unknown

Please remember us and your church in your will.
Use the name SCPRC Foundation in your document
when making a gift for the benefit of
Presbyterian Communities of SC.

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FAITHFUL SERVANTS *(continued from page 1)*

and then devoted to a mission or ministry of the church. In 1958 Bill was with a youth group from First Presbyterian Church, Hartsville at Camp Harmony in the low country. His charge on this particular day was to take a group of youth from the camp to visit residents of the newly opened Presbyterian Home of South Carolina at Summerville. While the youth were visiting residents, Bill sat down with Dr. Robert Tapp, the superintendent of the Home, for a visit. Bill said he asked Bob why in the world he had left a promising career in church ministry to work at a place where people came to die. He said Bob Tapp looked at him with shock and replied, "Bill, people come to the Presbyterian Home to live, not to die!" Bill said he never forgot that and I think it influenced his and Olive's ultimate decision to make the move.

One of the biggest challenges according to Bill was "going through all of the "JUNQUE!" Yet sorting through all that stuff you can come across some real treasures. In a box of old papers, Bill found an original agenda for the presbytery meeting in 1988 when commissioners voted to establish the Presbytery of New Harmony after the reunion of the former northern and southern branches of the churches that would now make up the Presbyterian Church (USA).

The Timberlakes grappled with the same concerns and misgivings that most couples face when making a decision of this magnitude. The hardest thing to do they said was leaving the house they had built and lived in since 1956. They raised three adopted children in that home and they all have many treasured memories. The one great thing about memories though is that you take them with you wherever you go. They both said they would truly miss working in the yard, considered one of the prettiest in Hartsville with many original plantings still in place. However, taking care of a big two story home can be difficult, especially having to climb stairs everyday and that was becoming a challenge for Bill.

The reasons for choosing an active living community can vary greatly. The Timberlakes have known about the

Florence Community for many years since Bill was on the board when the site with buildings was offered to Presbyterian Home for a price of \$665,000!! Health concerns led them to think more seriously about moving but Bill is clear that it was the encouragement of Marian Howard, the Marketing and Sales person at the Florence Community that tipped the scales. She told Bill about the beautiful patio homes they were remodeling and that he should come and take a look. He did and was wowed by what he saw.

Are they glad they made this monumental decision? Yes, very much so. In fact they're adjusting quite well. They hope their feisty little rescued cat, Pumpkin, will too – the cat comes out from under the bed for a look around from time to time but hasn't quite acclimated to the new surroundings!! They have peace of mind and have experienced the warmth and love of the community, plus a great sense of security. In fact the community is so secure that the first night in their new patio home, after having been out for awhile, they arrived to find the entrance gates closed and locked. They couldn't remember the code to open the gate so they called their long time friends and residents Kirk and Jane Dunlap who supplied the code.

The best advice the Timberlakes have to offer those still struggling to make the decision is according to Bill "go and see it!" Go and see all that is going on in active living communities. Olive added, "don't drag your feet in making the decision." It is much better to make the decision sooner than later to take advantage of all the benefits and choices of living actively. In fact most people after having made the move will say they only made one mistake...they wish they had done it ten years earlier.

The Timberlakes say that everywhere they've turned they have been met with the love and concern of a wonderful Christian ministry. And they will tell you that Dr. Tapp was right. The Timberlakes plan to live and enjoy life at the Florence Community for many years to come!

GIVE ON-LINE

PCSC offers a quick and easy way to participate in strengthening and supporting our mission. Gifts to Presbyterian Communities of South Carolina may be given on-line! Donors may contribute by simply going to www.preshomesc.org and clicking on "Make A Gift" located on the left hand side of the Home Page. It is a secure site. However, if you have any problems, please notify Penny Arnold or Suzi McCraw at the Management Services Office, 888-842-4855 or 772-5885. We look forward to receiving your gifts via the net!!

COMMUNITY CONNECTIONS BY E-MAIL

For your convenience, we offer our newsletter electronically. All you have to do is e-mail your name, mailing address, and e-mail address to Feedback@preshomesc.org. If you have a spam blocker, please be sure you put us on your list of accepted e-mails. Thank you.

All Communities Have Toll Free Numbers

Clinton - 866-315-4721
Columbia - 866-315-4722
Easley - 866-315-4724
Florence - 866-315-4723
Summerville - 866-315-4725

COLUMBIA COMMUNITY HIGHLIGHTS

VETERANS SERVICES AND BENEFITS

We sponsored an educational event for veterans, widows of veterans, and veteran family members on April 17th. Qualifications for pensions, service connected compensation, health care and skilled nursing services were discussed. Vendors, veterans organizations and door prizes were part of the program. The keynote speaker was T. Moffatt Burriss, WW II veteran and author of "Strike and Hold."

COLUMBIA COMMUNITY PARTICIPATES IN 44TH HOME AND GARDEN SHOW



Marketing and Sales Director Sandy Olson and Columbia Administrator Edward Burton greet visitors to the PCSC exhibit.

Another first for Presbyterian Communities of South Carolina the Columbia Community participated in the 44th Annual Carolina Classic Home and Garden Show. The three day show brought many opportunities to highlight the amenities and services of our retirement communities. Columbia Community staff members worked the exhibit booth during the weekend. Thanks to Edward Burton, Fran Bragan, Carol McGee, Betty

FROM THE CEO

(continued from page 2)

decided to move in permanently upon the completion of their rehabilitation! They moved into different levels of care – from patio homes to remaining in the health center.

Respite Care. Do you know a caregiver who could benefit from having their loved one cared for at PCSC while the caregiver took some time off? Respite care is offered at all of our communities, on a space-available basis. The Clinton and Florence Communities have been serving hospice patients by providing a five-day stay in our health centers, the cost is covered by Medicare.

The Board of Trustees and the management of PCSC are committed to providing the services that will be beneficial to seniors. Please allow PCSC the privilege of serving you, a family member or a friend if the need arises.

Wells, Andrew Webb, Rita Miller and Judy Crutchlow for their help.

ADVANCED DIRECTIVES

Our community sponsored an educational event concerning Advanced Directives (durable and healthcare power of attorney, living wills) on March 24th.

PCSC MARKETING AND SALES PERSONNEL

Jayne Floyd
Clinton Presbyterian Community
801 Musgrove Street
Clinton, SC 29325
864-833-5190
1- 866-315-4721-toll free
jfloyd@preshomesc.org

Carol McGee
Columbia Presbyterian Community
700 DaVega Drive
Lexington, SC 29073
803-796-8700
1- 866-315-4722 toll free
cmcgee@preshomesc.org

Marian Howard
Florence Presbyterian Community
2350 W. Lucas Street
843-665-2222
1- 866-315-4723 toll free
mhoward@preshomesc.org

Donna Owens
Foothills Retirement Community
205 Bud Nalley Drive
Easley, SC 29642
864-859-3367
1- 866-315-4724 toll free
dowens@preshomesc.org

Beth Stoney
The Village at Summerville
201 W. 9th North Street
Summerville, SC 29483
843-873-2550
1- 866-315-4725 toll free
bstoney@preshomesc.org

FLORENCE COMMUNITY HIGHLIGHTS

NEW FITNESS CENTER

We are having the time of our life staying fit!! We love our new Fit Center and there is always instruction before we use our new machines.



Teresa Jowers showing resident Pat Banks how to use the Nu-Step.

RESIDENTS WEAR RED



Hannah Barringer proudly wears her red vest.

On February 5th Americans nationwide wore red in support of women who suffer or have suffered from heart disease. Our residents were decked out in red of all shades from head to toe as they participated in the National Wear Red Day.

GIVE A DAY GET A DISNEY DAY

In 2010 Disney set out to inspire one million people to volunteer a day of service for others. To motivate participation an incentive was offered to all who volunteer. They would receive a free one day, theme park ticket to either the Disney World in Florida or Disneyland in California. Our community was one of the few locations in the entire Pee Dee Region approved by Disney as a Give a Day Get a Day volunteer site. A Florence Boy Scout Troop, people from Manning, Sumter, Surfside Beach and as far away as towns in North Carolina volunteered to clear the nature trail at Florence so our residents could enjoy using the trail. After all their hard work the Boy Scouts stayed and played a few games of Bingo with residents. We all had fun with Mickey and Minnie Mouse.

ST. PATRICK'S DAY AT THE FLORENCE COMMUNITY

Where could you find green, green and more green on March 17th? The answer is - our community!! Residents wore green shirts, green jackets and one even wore a "green" dollar bill attached to his shirt. With Irish music playing, corned beef, cabbage and Irish soda bread to eat, residents had a festive St. Patrick's Day. Others will be green with envy when they read about this good time.



Residents Macy Turner, Sarah Montgomery and Kathleen Wilson were appropriately attired for the Big Day!

VILLAGE AT SUMMERVILLE HIGHLIGHTS

NAMED FAVORITE RETIREMENT COMMUNITY

“Readers’ Choice Awards” announced. For a month, the Summerville Journal Scene posted a ballot in the paper twice a week. They ask readers to vote for their “favorites” in about 100 categories. Participants voted in at least 20 categories for their votes to count. The Village was voted “Favorite for Residential Assisted Living” and “Favorite Retirement Community.”

OPEN HOUSE

Despite the rain a Celebration of the Arts and Spring Open House was held March 21st. The event was well attended and everyone enjoyed the music, food, art, both visual and textural, plus the poetry on display. In addition to art contributed by the residents and staff members of The Village, participants included the Summerville Rollings Middle School of the Arts Level 3 String Ensemble, Theatre Arts students, Visual Art students, Pinewood Preparatory School’s Acoustic Club, “Crazy for Christ” from Summerville Presbyterian Church, Charleston University Concert Singers, The Plantation Singers, Gospel Singer Kim Lee, the Wallingford Presbyterian Church Gospel Choir and the Charleston Barbershop Chorus.



Charleston Barbershop Chorus sang to a full house. Members include Village residents Hal Reid and Ray Doughty.



All in attendance in the chapel were inspired by the Wallingford Presbyterian Church Choir.



The Plantation Singers mesmerized the crowd with their renditions of gospel and spiritual music.

Quilt Designer Peggie Hartwell, Sweetgrass basket designer Sharon Perkins, stained glass designer Louis Bazzano and jewelry designers Jennifer Lance and Martha Taylor. Residents Harry Croft and Bob Barnard, decorated veterans of WWII, loaned their military artifacts for display. Resident Inez Mitchum opened her apartment to share her vast and varied collection of “everything butterfly.”



Peggie Hartwell, a quilt designer and storyteller about quilts was a participant in the Celebration of the Arts.



Sharon Perkins, a resident of Summerville, demonstrated her Sweetgrass basket making skills.

CREATIVE ARTS CENTER GRAND OPENING

A grand opening of the newly renovated Creative Arts Center was held on February 25. Resident Fran Barnard who is shown here with her daughter-in-law Jackie, baked some of her signature goodies for the celebration. Fran bakes every resident of The Village a birthday cake, and the only day she doesn't bake is on Sundays!



Fran Barnard and her daughter-in-law Jackie

STUDENTS LEAD WORSHIP

Students from the Charleston area Presbyterian Student Association planned and led the chapel service for residents at the Village on March 24th. Students from The Citadel and The College of Charleston shared a meal in the dining room with residents prior to the worship service. This activity has been taking place once each semester for fifteen years! A great experience for these young folks and our residents too.



RICHARDSON LECTURE SERIES HELD

The James McDowell Richardson Lecture Series was established by Helen Copenhaver Richardson in memory of her husband, a former resident. Mr. Richardson, a devout Christian gentleman, was a business and civic leader in Hartsville, South Carolina, and an elder at First Presbyterian Church. The lecture series is offered for the benefit of the residents, staff and visitors.



The Reverend Dr. Walter E. Hickman, Jr.

The Rev. Dr. Walter E. Hickman, Jr., D.Min., D.D. was the featured speaker at the 2010 series held April 18-20. His topic was Spiritual Well-Being. Dr. Hickman has served faithfully in church, administrative and teaching ministries throughout his life. In his retirement he continues to serve as Interim Minister, lecturer, preacher and worship leader at Montreat Conference Center in NC and other locations. He is perhaps best known to our communities for his administrative ministry at the Presbyterian Communities of South Carolina, serving as administrator in Florence 1986-1991 and Executive Director at Summerville 1986-1997.

CLINTON COMMUNITY HIGHLIGHTS

NATIONAL HEART MONTH

February was National Heart Month. Dr. Jim Wetzel, Professor of Biology from Presbyterian College, came to have a “heart to heart chat” with us. He showed us how the heart works, what happens as the heart ages and answered questions from residents about their heart.



L to R: Rufus Gaddy, Charles Cummins, Claris Williams, Lois Williams, Dr. Jim Wetzel, Rachel McKee, Dan Smith, and Frances Smith

and chatting with friends. Participants included women from First Presbyterian, the Clinton Community and Presbyterian College Student Volunteer Services. This occasion is quickly taking on the status of a warmly anticipated tradition.

WEAR RED DAY

The American Heart Association started the National Wear Red Day campaign to educate women about heart disease. Residents and staff participated by wearing red on February 5th. The residents and staff join together to learn about how to prevent heart disease. We focused on heart health for women since it is the number one killer of women. Making red “hearty” scarves was the activity used to emphasize and celebrate the month. The women wore their scarves to accentuate the month, celebrate Valentine’s Day, stay warm, and just for fun!



*Residents Don Bissell and Nelle Sprott “in red”.
Geraldine Mobley shows off her scarf creation.*

GIRL SCOUT DAY

March 12th marked the 98th anniversary of the founding of Girl Scouts in America. Were you or your daughter a Girl Scout? Do you remember the Girl Scout promise? Can you name some famous women who are/were Girl Scouts? The residents of the Clinton Community played Girl Scout alumna fun trivia, shared memorable and hilarious scouting experiences and enjoyed eating the ever famous Girl Scout cookies. We all know the cookies were the real draw!!

VALENTINE TEA

Tea anyone?? It is a well known fact around Clinton that women young and old enjoy dressing up and having tea with cookies. The second annual Valentine tea hosted by the Presbyterian Women of Clinton First Presbyterian Church was a huge success again this year. Approximately 150 attendees enjoyed listening to music

WINTER WONDERLAND NEWCOMERS

During the chilly month of January, Clinton Community’s newest residents were warmly welcomed at the Winter Wonderland evening. Gathering by the fires in the parlor, the residents enjoyed sparkling cider before the dinner including winter Waldorf salad, chicken cordon bleu, snow flurry potatoes, and Jack Frost brownies. Handmade snowflakes seemed to magically dance on the navy tablecloths. A classical musical soiree performed by violinist Mrs. Carol Roosevelt and pianist Dr. Charles Coker pleasantly topped off the “wonderful winter” evening.



Clinton Newcomers Dr. James and Ramona Skinner enjoy the welcome dinner.

DON SNIDER RETIRES

Residents and staff gathered to extend their thanks and best wishes to Don Snider, Director of Maintenance, for his twenty years of service to the Clinton Presbyterian Community. His retirement reception featured a cake and flower arrangement laden with tools. Thanks Don for being our go-to-guy for all these years. Happy retirement!!!



Administrator John Medlin presents a plaque of appreciation to Don Snider.

SPANISH CLASSES WITH RACHEL

Our Wellness Director, Rachel McKee is taking seriously all the dimensions of wellness. She is teaching us Spanish to keep our minds sharp and our intellect actively engaged!! Thank you, Rachel.

ST. PATRICK'S DAY

The residents of our community made seventy-five shamrock meal tray favors to brighten the day for patients at the Laurens County Hospital.



Cecil Miller displays her artwork.

IT ISN'T EASY BEING GREEN

Oh no! Why is everyone looking green? Whew – it's St Patrick's Day at the Clinton Community, and the residents are showing their true colors. Those who did not wear green were quickly given a green three leaf clover sticker before anyone could pinch them!!

*"I keep the LORD always before me;
because he is at my right hand,
I shall not be moved.
Therefore my heart is glad,
and my soul rejoices;
my body also dwells secure."*

Psalm 16:8-9 RSV

FOOTHILLS COMMUNITY HIGHLIGHTS

ART WINS FIRST PLACE

A landscape scene painted by residents of Foothills took first place in the South Carolina Activity Professional Association's cultural arts contest. The contest was held in Myrtle Beach in February at the SCAPA annual conference. The Foothills landscape, depicting a bubbling brook meandering through a grassy meadow, won a blue ribbon in the "group project" category. The piece was painted using a pointillism technique under the supervision of Easley artist Dale Stone. More than a dozen residents contributed to the work, which now hangs in the marketing department office at Foothills.

Another group art piece was commissioned in the spring by Kathy Hinrichs in memory of her parents, Reeve and Dorothy Hastings, who lived at Foothills. This piece is a landscape of the Fox River near the Hinrichs' home in Wisconsin and many residents and staff members contributed to the painting.



Residents Dorothy Vedder and Lee Churchfield proudly display the residents' artwork.

NATIONAL SENIOR BOWLING STRIKES IT BIG!

Residents competing in the National Senior Wii Bowling League at Foothills are piling up the strikes and spares as they match skills against other bowlers from around the nation. Using the Nintendo Wii gaming platform, residents are "virtual" bowling for top scores that are posted online at nslgames.com. The Foothills Fancy Feet team is pitted against teams from other participating senior living centers in states including Illinois, Massachusetts, North Carolina and Georgia. Currently the Fancy Feet are 5-1 in league play. Team members include Mary Dill Branch, Harry Fritts, John Ford, Carolyn Harvill, Gil Harvill, Neal Houston, Elizabeth Lindsay and Lib Smith. The team was featured on the front page of *The Easley Progress* newspaper in March. Next on the sporting schedule: the Wii golfing league!



Foothills Fancy Feet Team

UPDATE ON OUR FANCY FEET

Hoorah!!!!!!!!!!!!!! In the last match of the regular season, the Fancy Feet bowled a "classy" 1651, making 42 strikes and 40 spares. We defeated Atlanta's AWOC (A World of Class) because they only managed 1473 points, with 28 strikes and 42 spares. After our only defeat of the season—our first game—we have roared back to post a 6-1 record.

Like many college basketball teams around the country did two weeks ago, we are anxiously awaiting the official announcement on whether we make it "in"

the national play-off tournament!! We should know by next week.

Thanks for your support of our first-ever National Senior League Wii bowling team. It has been a ton of fun for our residents! They have even worn out several Wii remotes practicing their bowling. Thanks also to our coach, "Tricky Nikki," for her inspiring leadership and unflagging energy as she coached her Fancy Feet to a possible play-off bid!!

COFFEE AND CONVERSATION

The newly-formed Men's Coffee and Conversation group has had an impressive line-up of guest speakers. Bert Henderson from Clemson's IPTAY organization, local football legend and former NFL coach Sam Wyche and Easley Mayor Larry Bagwell are among the guests who have given presentations to the men of Foothills. The men's group is the brainchild of resident Leo Bidez, who along with resident Peter Elliman is primarily responsible for lining up guest speakers. The group meets monthly to enjoy coffee, fellowship and discussion. They would welcome suggestions for future guest speakers.



Foothills Men's Breakfast Group

POOL UNDER GLASS

Thanks to the generosity of several Foothills residents, work is set to begin on an enclosure for the outdoor therapy pool. This structure will allow residents to use the pool and hot tub nearly year-round. The insulated sliding glass windows can be opened in the warm summer months, and will keep the air temperature warm in cooler weather.

The therapy pool is heated to about 90 degrees when residents are participating in water aerobics classes. "We

have many residents who find aqua-aerobics extremely beneficial for reducing joint pain," said Nikki Robinson, fitness instructor. "With the construction of our pool enclosure, we won't have to stop our aquatics fitness classes when the weather turns cool."

Our pool also has an aquatic lift, which enables wheelchair-bound residents to enter and exit the pool without having to navigate pool steps. "I anticipate more residents using our therapy pool in the summer because the roofing will provide protection from the sun," said Robinson. "And I think more residents will include water fitness classes in their weekly schedule if they can count on these classes year-round." Robinson is a certified water aerobics instructor. She has conducted summer water aerobics classes at Foothills for four years.

DOGS DELIGHT AT ANNUAL DOG SHOW

Contestants in our fifth annual Dog Show amazed and amused the residents this year with their tail-wags, barks and tricks. The dog show, run by activities assistant Chandra Brown, is held each February in the Foothills Health Center to coincide with the Westminster Kennel Club Dog Show. This year the four-legged stars were petted, praised and admired by a standing-room only crowd. Chewy treat prizes were awarded in categories including owner look-alike, best trick and best tail wag. Staff and families look forward to bringing their pooches to the show each year. It ranks as the most favorite winter activity in the Health Center.



Staff member Sylvia Erickson holds one of the dogs for resident Eleanor ter Horst to admire.

2010 COMMUNITY WISH LISTS

Each of our communities has an annual operations and capital improvements budget. The wish lists are additional items/amenities the staff would like to provide for the residents pleasure and/or program enhancement. This also gives donors who wish to make a designated gift for a specific item or purpose an opportunity to fulfill their desire.

Thank you for helping make our communities attractive, active and full of fun.

CLINTON COMMUNITY

- 3 – White Benches for Front Porch – \$900
- 37 inch Flat Screen TV on Cart with Built in DVD - \$1,000 - **FUNDED**
- Aquarium with Stand (and Monthly Maintenance) for Healthcare – \$10,000
- Digital Camera – \$300
- It's Never 2 Late – touch-screen computer software system – \$7,000. This system would enable our memory-impaired residents to have their own personal computer page which displays their favorite family photos and videos, web sites, TV shows and “tell your story” sites. It will also assist with memory and cognitive development, fun and a sense of purpose. This system would significantly add to the quality of life of many of our residents with memory impairment.
- LCD Home Projector – \$700
- New Cushions (30) and 4 Table Umbrellas for G-wing patio – \$700 - **FUNDED**
- New Office Furniture – \$5,000
- Piano Lamp – \$150 - **FUNDED**
- Retractable Awning for G-Wing – \$5,000
- Stand for the Advent Wreath – \$1,500
- Wii System for Healthcare with Games and Controllers – \$400

CLINTON WELLNESS PROGRAM ITEMS

- 25 – Apple iPod nano 8 GB Black (5th Generation) @ \$135 each

- 25 – GoGroove AudioFlip Portable Music Docking System with Full Functional Remote for ALL Apple iPhone / iPod / Touch / Nano / Classic @ \$50 each
- 20 – adjustable ankle weights @ \$25 each
- 6 – balance pods @ \$ 15 each
- 2 – balance wedges @ \$25 each
- 2 – balance discs @ \$ 16 each
- 2 – aeromat balance blocks @ \$ 70 each

FLORENCE COMMUNITY

- It's Never 2 Late – touch-screen computer software system - \$7,000. This system would enable our memory-impaired residents to have their own personal computer page which displays their favorite family photos and videos, web sites, TV shows and “tell your story” sites. It will also assist with memory and cognitive development, fun and a sense of purpose. This system would significantly add to the quality of life of many of our residents with memory impairment.
- Netflix for Resident Movies - \$200 - **FUNDED**
- Rolling Popcorn Machine - \$500 - **FUNDED**
- Treadmill for Fitness Center - \$4,500 - **FUNDED**
- TV in new TV Lounge - \$1,000 - **FUNDED**
- TV in new Fitness Center - \$400 - **FUNDED**
- Wii Fit Program - \$120 - **FUNDED**

2010 COMMUNITY WISH LISTS

FOOTHILLS COMMUNITY

- 2 - 16-ft. artificial Christmas trees @ \$1,250 each
- 2 - Custom built cabinets for sound system in Dining Room and Wii System @ \$700 each
- Arjo Lift - \$7,000
- Automatic Opener for Healthcare entrance doors - \$2,700
- Greenhouse - \$2,500
- NuStep exercise bike - \$6,000
- Patio Furniture for Healthcare Center - \$3,000
- Projector for Power Point presentations - \$800
- Security Camera System - \$9,000
- Storage Building for Maintenance - \$2,500
- Whisper Glide swing - wheelchair accessible - \$5,500

COLUMBIA COMMUNITY

- 2 – Nautilus Treadmill @ \$2,600 each
- 2 – Nu-Step5X @ \$6,000 each
- 2 – 50-60 inch Plasma/LCD TVs with surround sound @ \$4,200 each for wellness and lounge area for movie viewing.
- New ice cream machine – \$9,000

SUMMERVILLE COMMUNITY

- Bellman's cart – \$595. Available for use by the residents when they need assistance carrying items in or out of their unit.
- Commercial Grade Refrigerator - \$2,430. Merchandising refrigerator for our Country Store to refrigerate and display grocery items that the residents' want to purchase for use in their apartment.
- Fountain – \$2,215. A two tiered fountain with the traditional South Carolina pineapple located on top.
- It's Never 2 Late – touch-screen computer software system - \$7,000. This system would enable our memory-impaired residents to have their own personal computer page which displays their favorite family photos and videos, web sites, TV shows and "tell your story" sites. It will also assist with memory and cognitive development, fun and a sense of purpose. This system would significantly add to the quality of life of many of our residents with memory impairment.
- Sleeper chair – \$1,230. A comfortable sitting chair that converts into a single bed for use by family members/visitors who want to spend the night with their loved one.
- The CAMEL lift system – \$2,750. This system uses a pneumatic lifting cushion with a back that lifts an uninjured fallen person from the floor to a sitting position. The lift can be performed independently or with assistance from a caregiver.

CELEBRATING LIFE



Clinton resident Bernice Reasoner – An Easter Bonnet Prize Winner!



Barbara Askew of Clinton is delighted with her scarf.



Clinton resident Edna McChesney enjoys a delicious meal at the Newcomers Dinner.



Virginia McGowan shows off her beads from the Fat Tuesday Pancake Dinner at Florence.



The Classic Car Show at Clinton was a huge success!



Florence residents having fun in Prime Movers class.



Dr. Joe Gettys checks out the car's engine at the Clinton Classic Car Show.



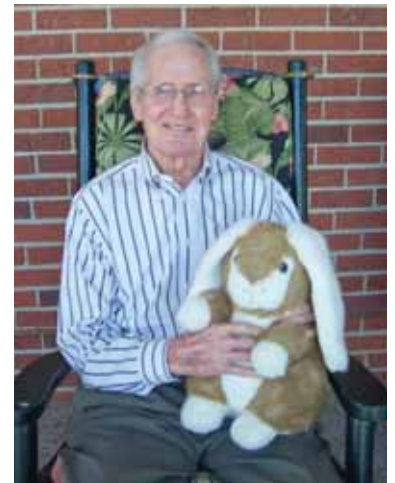
Children from Hartsville First Presbyterian Church visit with residents at Florence.



Clinton staff all decked out in RED – (Back Row L to R): Rachel McKee, Louise Parr, Jayne Floyd, John Medlin; (Front Row) Tina Watts, Caroline Hughes and Bonnie Boyce.



Bobbie Smith of Florence thoroughly enjoys her Valentine's Day luncheon.



Florence resident Joe Jenkins won a bunny by guessing the correct number of eggs in the Easter basket. Congratulations!



New Florence DON Rhonda Sanders gets acquainted with residents Kirk and Jane Dunlap.



Mac McNair, Florence resident, catches up on the days news.



Snow at the Clinton Community – What a beautiful scene!



The Women's Retreat led by Foothills Chaplain Julie Schaaf is becoming an annual event. Greatly enjoyed by all!



Tom Wigington and Harry Fritts are ready to party at the St. Paddy's Pub at Foothills.



A winning team! Foothills Pool Tournament participants: (L to R) Peter Elliman, Scott Hart, Elizabeth Lindsay and Carl Clawson.



Summerville resident Adurline Chellis opened her apartment to share her artwork with the public during the Celebration of the Arts.



Village at Summerville residents and staff enjoy a trip to the Charleston Aquarium.



The Village at Summerville Poetry Group: (L to R) Joyce Bagwell, Wilma Wates, George Somers and Virginia Stone.

Can you guess who are behind the Mardi Gras masks at Foothills?



Maree Strobel and Lois Wyly add their special touches to The Village at Summerville Easter Egg.



Foothills resident Elizabeth Lindsay puts finishing touches on the mural outside the St. Paddy's Pub.



Summerville resident Jean Reid applies a coat of paint to the bird house she constructed.



Carl Clawson takes careful aim in the Foothills Pool Tourney.



Barbara Shatzer and Judy Williams greeted guests to the Celebration of the Arts at The Village at Summerville.



Inez Mitchum shared her butterfly collection with those attending the Celebration of the Arts at Summerville.

RHONDA SANDERS NAMED DIRECTOR OF NURSING AT FLORENCE



Director of Nursing Rhonda Sanders

Rhonda Sanders recently joined the team of the Florence Presbyterian Community as the Director of Nursing for the continuing care retirement community located on West Lucas Street in Florence. She brings nine years of nursing experience to the position that includes working in a 111 bed nursing facility as well as providing nursing in a home care environment. She holds a Bachelors degree in Business from Francis Marion University but made a career change to nursing in 2001 when she completed a nursing degree at Florence Darlington Technical College.

"I have always wanted to be a nurse and to be able to help others," said Sanders. "And I look forward to the challenges that this new opportunity at the Florence Presbyterian Community provides." She is quick to say "the residents must come first" when talking about quality care, customer service and the goals she has for her new nursing team.

Mrs. Sanders is originally from Mullins, South Carolina where she and her family live and are members of First Baptist Church. Rhonda enjoys spending time with her family and relaxing at the beach with a good book. Florence Presbyterian Community is one of five continuing care retirement communities of Presbyterian Communities of South Carolina providing residency options from patio homes and apartments to assisted living and skilled nursing care.

PRESBYTERIAN COMMUNITIES OF SOUTH CAROLINA ACCEPTS CREDIT CARD CONTRIBUTIONS

Visa, Master Card, Discover and American Express may be used to make a gift to Presbyterian Communities of South Carolina.

If you wish to make a credit card donation, you may do so by mail, phone or online at www.preshomesc.org by clicking on Give A Gift or Support Our Mission.

Our mailing address is:

Presbyterian Communities of South Carolina
2817 Ashland Road, Columbia, SC 29210-5009

Our phone numbers are toll-free 1-888-842-4855 or in Columbia 772-5885.

Please ask for Suzi McCraw.

When you call, please have the following information available:

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In Memory: _____

In Honor: _____

Please send an acknowledgment to:

Name: _____

Address: _____

Your continued support strengthens this ministry and preserves our mission. We thank you for your generosity and Christian love.

PRESBYTERIAN COMMUNITIES OF SOUTH CAROLINA MOTHER'S DAY OFFERING – MAY 9, 2010 MINUTE FOR MISSION

You and I have an opportunity to make a difference in someone's life. We can participate in the Mother's Day Offering for Presbyterian Communities of South Carolina. We can join them in honoring and celebrating the many labors of love mothers, grandmothers, aunts and other women of South Carolina perform each and every day.

As many of you know, we South Carolina Presbyterians are extremely fortunate to have wonderful retirement and health center communities here in our state – ministries of our five presbyteries. PCSC continues to expand its services and has created vibrant, caring retirement communities across South Carolina. The five locations – Clinton, Columbia, Florence, Easley and Summerville – are top notch senior living communities with caring, dedicated, skilled staff - who count it a privileged to serve seniors in safe, comfortable, loving surroundings. But you don't have to take their word for it - here is what others say.

A family member wrote, "My mother-in-law lives in the health center and we want to commend all of the staff there for their loving and patient care of all of the residents. They truly live their callings to provide a level of care none of us with parents who have dementia could possibly provide at home. Thank you for the continuing Christian service of the Presbyterian Communities."

One of their residents said it this way, "Please let me thank you for taking me in. There is not one thing that I would change about it here."

You and I are part of their family too. Presbyterian Communities of South Carolina is a ministry to seniors our church shares. As communities of residents and staff they are bound to us as family with the threads of faith and tradition. This morning hands are being held, hugs are being given, tears and laughter are being shared because you care, because you have helped sustain this ministry of compassion. Thank you for your past support.

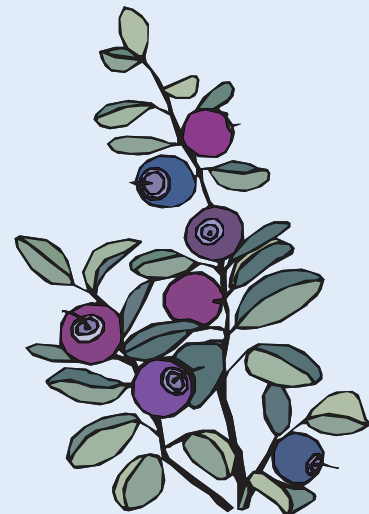
Our support is vital this year - with no increase in Social Security for 2010 and the downturn in the market, the past several months have been financially difficult for many residents. PCSC has been receiving additional requests for help from residents and their families. In 2009, with our church's help, PCSC provided over \$2.2 million in benevolent care to members of Presbyterian Church (U.S.A.) churches who qualified for resident aid. In 2010 PCSC expects the cost of benevolent care to be approximately \$2.4 million. Yes, let me say that again – benevolent care may reach nearly 2 and a half million dollars!!

This Mothers' Day you can make a difference in someone's life as well as express your Christian love and concern for others. It has been said, "What you do for yourself dies with you but what you do for others is immortal." Please give generously and pray for the residents and remember the staff of PCSC as well as they seek to minister to the residents and their families in these uncertain times. Thank you.

There Was A Time Not Long Ago

*There was a time not long ago when I
Had neither life nor love apart from you.
All you said was absolutely true,
Nor could I see myself save through your eyes.
Kids have a sense of life, but don't know why:
Your love alone gave my world its hue.
Of all the things that touched me, there were few
Untouched by your bright song or inner cry.
My luck, then, to be so finely loved,
Of you my world was sculpted, light and free.
The graceful architecture of your heart,
Had its twin whichever way I moved.
Even now, though we have lived apart,
Recalling your love makes me glad to be.*

Author: Unknown



HUMOR THERAPY

Humor is a wonderful stress-reducer and antidote to upsets. It is clinically proven to be effective in combating stress. Experts say a good laugh relaxes tense muscles, speeds more oxygen into your system and lowers your blood pressure. Laughter also lowers cortisol levels and thereby protects our immune system. A sense of humor allows us to perceive and appreciate the problems and unfairness of life, and provides moments of joy and delight. These positive emotions create neurochemical changes that will buffer the immunosuppressive effects of stress.

Anyone that works in health care will tell you it can be very stressful. Anyone that works with nurses will tell you we have the weirdest sense of humor. We laugh at the most unusual things. Personally, humor for me is not only a stress reducer, but gives me a different perspective on daily problems that I see each day as a nurse. If one can make light out of the situation, it is no longer threatening to us. We already discounted its effect. With such an attitude of detachment, we feel a sense of self-protection and control in our environment. Humor puts the situation into perspective. Bill Cosby has said, "If you can laugh at it, you can survive it".

So the next time you see a nurse, having a good belly laugh, she/he is taking a daily dose of her stress relief pill. Please read the following and feel free to laugh out loud and use those belly muscles.

TOP 10 REASONS TO BECOME A NURSE

1. Pays better than fast food, though the hours are not as good.
2. Fashionable shoes and sexy uniforms
3. Needles: It's better to give than to receive.
4. Expose yourself to rare, exotic, and exciting new diseases.
5. Interesting aromas.
6. Courteous and infallible doctors who always leave clear orders in perfectly legible handwriting.
7. Do enough charting to navigate around the world.
8. Celebrate the holidays with all your friends.....at work.
9. Developing such a large bladder than one only has to urinate every 24 hours.
10. The joy of leg cramps.

*Taken from Employee Newsletter
The Village at Summerville*

DID YOU KNOW?

There are more than 84,000 people over the age of 100 living in America today. More than 19% of these folks use cell phones to keep in touch with family and friends.

Today's retirees could live into their 90s. Approximately 53% of those retirees will deplete their savings and be left with only Social Security.

By 2020, there will be more people aged 65 and older in the world than children under the age of 5. This fact is changing social and economic conditions around the globe and will present some new challenges.

Those 65 and older now have the highest divorce rate in the country.

Over 50,000 people over 65 are enrolled in college-level courses. Research shows that continued learning enhances our sense of well-being and improves our perception of aging.

Researchers have found that people who stay moderately fit as they age live longer and have healthier lives.

Walking is the simplest form of exercise.

Research indicates that listening to music is important as older adults work to maintain their health.

Wii video games significantly increase heart rates in older participants. In addition, gamers report better moods and higher energy levels as a result of an hour's playtime.

Working during retirement is a positive way to remain stimulated and feel that life has meaning and purpose.

PCSC AMBASSADORS HOLD SPRING MEETINGS

PCSC Ambassadors are our network of church representatives from each presbytery in South Carolina. Each spring they are invited to gather at one of our communities within or close to the bounds of their presbytery for their annual meeting. The primary purpose of these meetings is to distribute the materials for the Mother's Day Offering taken in the PC(USA) churches on Mother's Day. This offering is used entirely to provide benevolent care to our qualified residents who receive resident aid. Kathy Ligon, president also gives an update about innovations and expansions in PCSC's ministry implemented and/or proposed. As you can tell, it is an exciting time with our ambassadors and we enjoy fellowship over lunch and a tour of the community.

If your church does not have an ambassador, please be sure to designate one during this year and let Penny Arnold or Suzi McCraw know who has been selected. Please feel free to use the Minute for Mission included in this issue for your Mother's Day Offering emphasis.



Ambassadors and Ministers from Presbytery of New Harmony enjoy refreshments before the meeting.

Moderator Rev. Bill Hayes and Ambassadors sign in at the New Harmony meeting.



Ambassadors from Trinity Presbytery visit with staff prior to the meeting.



New Harmony Ambassadors prepare for the start of the meeting.



L to R: Columbia Resident Francis Herndon, Ambassador Alan Taylor and Administrator Edward Burton enjoy a time of fellowship before the Trinity Presbytery meeting.



The Trinity Presbytery meeting provides a great opportunity for friends to reconnect.



Luanne Ussery, Peggy Furr, Mary Cicotello attended Providence Presbytery Ambassadors Meeting.

Before I Was Myself You Made Me, Me

*Before I was myself you made me, me
With love and patience, discipline and tears,
Then bit by bit stepped back to set me free.*

*Allowing me to sail upon my sea,
Though well within the headlands of your fears.
Before I was myself you made me, me*

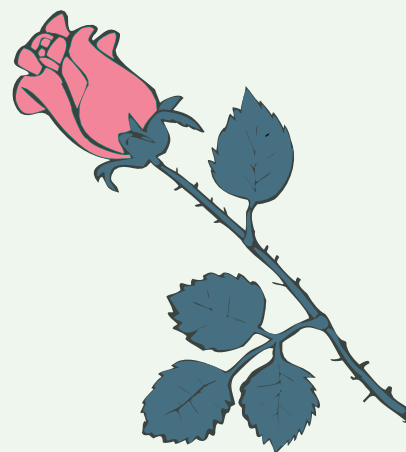
*With dreams enough of what I was to be
And hopes that would be sculpted by the years,
Then bit by bit stepped back to set me free.*

*Relinquishing your powers gradually
To let me shape myself among my peers.
Before I was myself you made me, me.*

*And being good and wise, you gracefully
As dancers when the last sweet cadence nears
Bit by bit stepped back to set me free.*

*For love inspires learning naturally:
The mind assents to what the heart reveres.
And so it was through love you made me, me
By slowly stepping back to set me free.*

Author: Unknown





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You Were My Mother and My Friend

*You were my mother and my friend,
Which was unusual.*

*Somehow our characters still blend:
Your wisdom and my will.*

*I turned, and you were there for me;
I spoke, you understood.*

*I felt cared for, but also free;
You loved, and I was good.*

*I'm fortunate that I was born
To someone just like you;*

*I love you still. Though you are gone,
You live in what I do.*

Anonymous